

## HealthAid NeuroForte (Amino Acid, B Vitamin Complex) Tablets

**HealthAid Neuroforte Tablets** contain essential nutrients such as amino acids, vitamins, minerals and antioxidants, which contribute to the maintenance of a healthy nervous system and provide a sense of balance and well-being.

The nervous system and brain act as the body's communicating response system, coordinating incoming and outgoing messages from all over the body. A healthy nervous system allows us to manage life's ups and downs bringing balance and harmony.

HealthAid Neuroforte Tablets may be of benefit to:

- Executives who require optimum nerve and brain function
- Those whose work requires mental and physical stamina
- For teachers and lecturers especially pre-school and high school teachers
- The middle aged and elderly to help with nerve function

When Should I Take HealthAid Neuroforte Tablets?

**HealthAid Neuroforte Tablets** can be taken daily by all people to support a healthy nervous system, allowing better management of life's ups and downs, bringing balance to the senses, supporting stress and mental health.

**Recommended Daily Intake Of HealthAid Neuroforte Tablets:**

Adults and children over 12 years of age, one tablet daily after food, can be increased to two tablets daily if required. Do not exceed recommended daily intake unless advised by a suitably qualified person.

**Caution:** Please seek professional advice before taking this supplement if you are pregnant, likely to become pregnant or on any prescribed medication.

\*\* Free From Yeast, Gluten, Wheat, Dairy, Sugar, Salt, Artificial Colours, Preservatives & Flavourings

\*\* Food Supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**Allergy information:** For allergens, see ingredients in **bold**.

<b>Each Neuroforte Tablet contains (average):</b>	<b>%NRV</b>	
Vitamin C	60mg	75
Niacin	18mg	113
Vitamin B6	5mg	357
Magnesium	100mg	27
Lecithin (Phosphatidyl)	50mg	*
L-Phenylalanine	100mg	*
L-Tyrosine	100mg	*
L-Glutamine	100mg	*
Choline	50mg	*
Inositol	50mg	*

Ginkgo biloba extract (50:1) (equivalent to 1000mg of Ginkgo biloba powder, standarddised to minimum 24% flavoglycosides)	20mg	*
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**\*: EC Nutrient Reference Value Not Yet Established**

#### **INGREDIENTS FOR NEUROFORTE TABLETS:**

Bulking Agent (di-calcium phosphate, microcrystalline cellulose), Magnesium Oxide, L-Phenylalanine, L-Tyrosine, L-Glutamine, Vitamin C (ascorbic acid), Phosphatidyl **Soy** Lecithin, Choline Bitartrate, Inositol, Glazing Agent [hydroxy propyl methyl cellulose (HPMC)], Ginkgo Biloba Standardised Extract, Anti-caking Agent (silica, veg. magnesium stearate), Nicotinamide, Pyridoxine HCL (vitamin B6).